

Kelly-McKenna Gallery
1308 Third Avenue, Spring Lake, NJ
201-208-5039
kellymckennagallery.com



Press Release

FOR IMMEDIATE RELEASE

Alexis Herman: Resonate

October 9 – November 14, 2025

Exhibition Reception: Thursday, October 09 @ 6-7:30 PM

Artist Talk: Thursday, October 23 @ 6-7:30 PM

Spring Lake, NJ — Kelly-McKenna Gallery is proud to present *Alexis Herman: Resonate*, a solo exhibition of new paintings by American painter Alexis Herman, on view October 9 – November 14, 2025. This body of work draws on Herman's lifelong connection to water as both subject and metaphor; its surface a mirror of shifting light, its depths a regulating force.

Best known for her hyperrealist and deeply spiritual paintings of the ocean and tides, *Resonate* finds Herman exploring new themes and compositions. Canvases such as *Grounded (White Oak)* [above] and *Suspended (Catalpa)* [Image 1.], single leaves float gently across water's surface, their delicate veins illuminated as concentric ripples radiate outward. These meditative works reflect Herman's desire to find spiritual peace in small, suspended moments of stillness. Meanwhile other paintings, including *March 4th*, *First Light* [Image 2.] and *Caribe* [Image 3.], offer expansive seascapes where



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dawn light dissolves into rhythmic swells, evoking the sense of infinity and renewal that the ocean holds.

Much of Herman's inspiration arises from the small objects collected by her son including leaves, stones, and shells. These items are reminders of the sacred beauty found in everyday encounters with the natural world. "These fragments of childhood wonder enter the studio with me," the artist notes, "and become portals for painting's deeper exploration of presence, rhythm, and reflection."

Gallery Director Caitlin Kelly-McKenna reflects on the decision to mount the exhibition so close to the Jersey Shore: *"I had said I wasn't going to show seascapes here, not with the ocean at our doorstep. And then I saw Alexis Herman's work. Her paintings transcend place—they resonate with the body and spirit. They remind us that water isn't just scenery; it's a language of healing and connection."*

Herman's art, forever tethered to water, reminds us that its flow is both grounding and transformative. *Resonate* invites viewers to experience the ocean and its rhythms as both metaphor and material presence—an elemental force that shapes memory, emotion, and the act of painting itself.

Visitor Information

Gallery hours: Thursday–Sunday, 11 AM–5 PM
Location: 1308 Third Avenue, Spring Lake, NJ
Press & sales inquiries: info@kellymckennagallery.com | 732-555-0123

High-resolution images and an exhibition checklist are available upon request.

About Alexis Herman

Alexis Herman (b. 1962, USA) is a painter whose practice explores the expressive potential of color, gesture, and rhythm to create atmospheres that shift between abstraction and suggestion. Herman builds her canvases through layers of oil and acrylic, using subtle gradations of tone and light to evoke both intimacy and vastness. Her recent work centers on water and its regulating force—waves, ripples, and reflections become metaphors for memory, healing, and spiritual presence. Often inspired by natural fragments collected by her young son, Herman translates these objects of wonder into portals for contemplation, where the ordinary becomes luminous.

Recent exhibitions include solo and group shows at Kelly-McKenna Gallery, Spring Lake (2023–25), and her paintings are held in private collections across the United States. Forever connected to the ocean, Herman's practice reflects her belief that painting can resonate with both body and spirit, offering viewers moments of stillness, rhythm, and renewal.

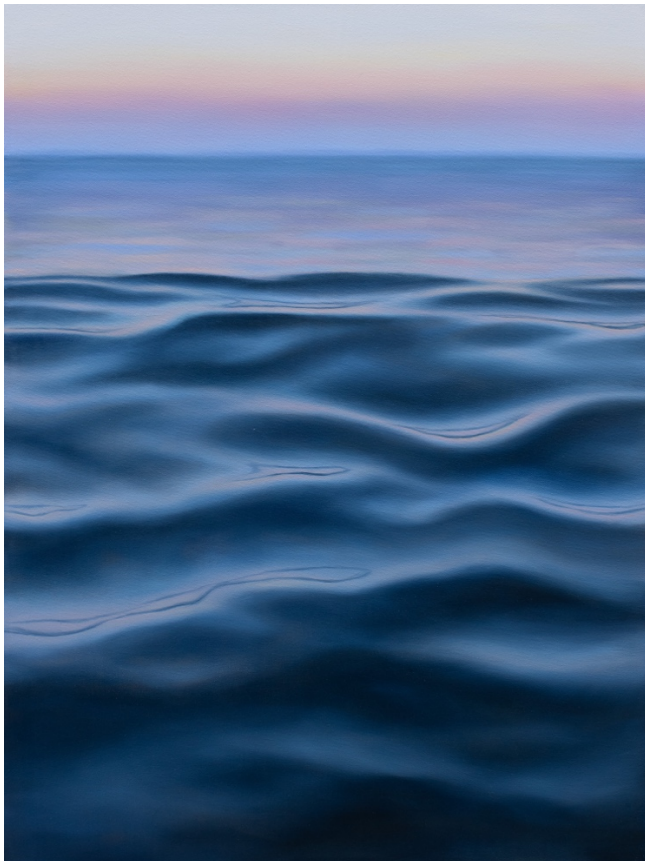


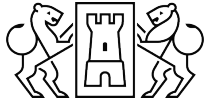
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Image 1.



Image 2.





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Image 3.

